

# Community Support Groups

Westwood is glad to host a variety of community groups who are using our facilities to make a difference.

Hosted on the **Chanhassen Campus**:

- **Mondays - Steps to Serenity AA**  
7:00-8:30pm, different topics each week  
Room A112 (lower-level entrance)
- **Mondays - Al-Anon**  
7:00-8:00pm, Room A111(lower-level entrance)
- **Wednesdays – Steps to Serenity AA**  
7:00-8:00am, Room A111 (lower-level entrance)
- **Fridays - 12 Step-New Freedom**  
7:00-8:00am, Room A110 (lower-level entrance)

**Other Resources and Support Groups in our area:**

**Alcoholics Anonymous** - Go to <https://aaminneapolis.org> for more information about these groups or other groups in your area.

**Recovery Alive** works through a faith based 12 step process to promote healthy change. For more information go to <https://recoveryalive.com>

**Celebrate Recovery** is a Christ-centered 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. To find a location near you <https://locator.crgroups.info/>

**Al-Anon** is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. To find meetings near you <https://al-anon.org/al-anon-meetings/>

**Smart (Self-Management and Recovery Training) Recovery** <https://www.smartrecovery.org/>  
Offers education, support groups, and resources.

**Minnesota Recovery Connection** <https://minnesotarecovery.org/>  
Exists to fill gaps in systems of care, connecting people to support and peer to peer services, public education, justice, and advocacy.

**ARISE Invitational Intervention** <https://www.arise-network.com/>  
Introduces the loved one and family to a new life of recovery and healing. ARISE® gets over 83% of addicted individuals into treatment in three weeks. 96% enter treatment in six months.

**CMC: Foundation for Change** [www.cmccfc.org](http://www.cmccfc.org)  
CMC developed the Invitation to Change (ITC) model. Offers support groups, family training, resources, videos, based on CRAFT (Community Reinforcement and Family Training). <https://cmccfc.org/community-groups-hub/itc-support-group-directory>