

Area Grief Resources

Brighter Days Grief Center provides free grief support resources to adults, young adults, teenagers and children who are grieving the death or terminal diagnosis of a beloved family member. <https://www.brighterdaysgriefcenter.org/>

GriefShare is a grief recovery support group where you can find help and healing for the hurt of losing a loved one. To find a local Griefshare group go to www.griefshare.org

The **West Suburban Grief Coalition** is a joint effort of area churches to provide grief support in the western suburbs of Minneapolis.

For a current schedule and location go to www.westsuburbangriefmn.org

A Place at the Table at Wooddale church is for those who have lost a spouse. The group meets monthly and offers hope and comfort. <https://wooddale.org/care-support-eden-prairie/>

Grace for Grieving Families offers support for those who have lost a loved one due to addiction. Contact Karrie Snyder (612)867-7405 for current schedule.

Sanctuary of Survivors offers faith-based support for those who have lost a loved one to suicide. St Philip the Deacon Church, 1st & 3rd Thursdays, 7-8pm. For more information call (763)475-7100.

Southwest Grief Coalition provides an opportunity for individuals to obtain information, support, and a welcoming community for grief issues following the loss of a loved one. www.swgriefcoalition.org

Suicide Bereavement Support Group aims to provide a safe, accepting and non-judgmental place for people struggling with the challenge of suicide loss. Leadership of this support group have experienced personal loss of their own and have received specialized training. St. Andrews Lutheran, Eden Prairie, 1st Tues & 3rd Thurs of each month, 7:00–9:00 PM (18 or older)

Survivors Resource Group meets at Westwood Lutheran Church in St. Louis Park. Group is for traumatic loss such as homicide, suicide and sudden accidental death. Please contact Colleen Luna or Julie Chalmers, 651-266-5674 or 612-673-3951, julie@survivorresources.org