



COLORADO18
MISSION//ADVENTURE

PARENT MANUAL



Upper Room

COLORADO: MISSION//ADVENTURE TRIP

DATES: Packing Night: Friday, July 20

Last names A-M, 6:30–7:00pm at Westwood Community Church, Intersection/A111

Last names N-Z, 7:00–7:30pm at Westwood Community Church, Intersection/A111

Departure: Saturday, July 21, 8:00am (Location TBD)

Return: Sunday, July 29, 2018, 6:00pm at Lower Level Door

COST: Approximately \$879 covers transportation, lodging, food & activities (with the exception of snack food, shopping, and additional adventure-type activities selected by student).

REGISTRATION & DEPOSIT: A \$300 non-refundable deposit is required to be submitted with the online registration by Thursday, February 8. This deposit is non-refundable. Please see page 13 for the cancellation policy.

*Registration opens January 8, 2018. Registration link will be emailed to all Upper Room families on January 8th.

PAYMENTS: Following the deposit, two payments will need to be made: \$300 by Sunday, March 11 and the remaining \$279 on or before May 13. You may pay by check or online.

STUDENT REFLECTION: Due to the Student Ministry office by Thursday, February 15. It may be turned in at Upper Room on Wednesday, February 14 or before.

WHO CAN ATTEND: We want all 9th grade students to come, and we believe it's possible for all of them to attend. Students need to complete the Upper Room Challenge by May 9th to attend Colorado: Mission//Adventure.

Colorado: Mission//Adventure PARENT MEETINGS:

Sunday, December 3, 12:15–1:00pm (parents)

Sunday, March 11, 12:15–1:00pm (parents & students)

ALL RELEASE PAPERWORK & FORMS:

Due with final payment by Sunday, May 13, 2018



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Experience memories that will last a lifetime. Colorado Mission & Adventure Trip is an opportunity for 9th graders to experience community and ignite their faith in new ways. There will be thrilling adventures like rock climbing and white water rafting, paired with quiet, reflection time to be still and listen to God. Students will grow in connection with one another, sharing how God has been at work in their lives and sharing in activities. Together they will participate in opportunities to live out their faith through serving others in powerful ways. It truly is an event you won't want to miss. And we are so excited for it!

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AN INTRODUCTION

The 9-day trip is for students who have just completed their 9th grade year and offers numerous unique opportunities. It challenges students physically, spiritually and relationally. Among the many opportunities:

- **An environment that encourages growth in the student's relationship with God.**
- **Time to grow in relationship with other students in the class of 2021.**

- **Work projects around Timberline include...**

- | | |
|-----------------------|-----------------------------------|
| -Splitting firewood | -Babysitting staff children |
| -VBS at local church | -Clearing trees & brush |
| -Clearing bike trails | -Building a sand volleyball court |
| -Cleaning | -Distributing wood |
| -Digging ditches | -Skate park outreach |
| -Cooking | -Community projects |
| -Painting & roofing | |
| -Repairing buildings | |

- **Incredible adventure opportunities...**

- | | |
|----------------------------|---|
| -Rock climbing & rapelling | -Sight seeing in Rocky Mountain National Park |
| -White-water rafting | -Ziplining |
| -Mountain biking | |
| -Hiking | |

- **Fun things to do at Timberline...**

- | | |
|----------------|---------------|
| -Basketball | -Prayer cabin |
| -Volleyball | -Pool table |
| -Climbing Wall | -Lawn games |
| -Frisbee Golf | -Ping pong |



ABOUT TIMBERLINE LODGE

*Torchbearer Discipleship School & Mountain
Adventure Ministry*

Timberline Lodge is located just outside of Winter Park, Colorado and was purchased for the purpose of its current ministry in 1995. It is a member of an international association called the Torchbearers started by Major Ian Thomas and his wife shortly after World War II. They had a vision to disciple young men and women to follow Christ. Timberline's goal is twofold: to make disciples of Christ and to bring encouragement to the body of Christ by providing a place for guests to be refreshed in him. In addition to their 12-week Bible school, they provide a setting and environment for guests to be encouraged and challenged in their walks with Christ through their winter, spring and summer activities and programs.

TIMBERLINE LODGE STAFF

Dan Thomas – Director of Timberline/Bible School Principal

Dan grew up across the mountains in Estes Park at a similar Bible School and conference center, Ravencrest Chalet, which is also a part of Torchbearers International. Dan and his wife, Sarah, with their children, Keelan and Niah, moved to Timberline a few years ago from a pastoral role in a church in Green Bay, Wisconsin (they are Packers fans!). Since then, they've added another little boy, Judah, who is now four! Dan's family has a rich history with Torchbearers. His grandfather founded the ministry in 1948 and his dad is the General Director of Torchbearers International. Dan's main job is to take care of the needs of his staff and make sure the Torchbearer vision of communicating Christ's life in the believer is at the forefront of everything Timberline does.

Peter Hammond – Program Director/Assistant Director of Timberline

Peter hails from Cape Cod, MA. After college he moved to Vail, Colorado and lived there for 12 years. He and his wife Beth attended the first year of Bible School at Timberline. They, along with their daughter Elizabeth, joined the staff in September 2004. They have since been blessed with three more children--David is 8, Noelle is 5, and Claire is 4. Peter enjoys backcountry skiing, mountain biking, camping and learning God's word.

Joseph Weissman – Dean of Students and Assistant Principal

The Weissman Family was established in December of 2013 when Joseph and Rachel were married. Joseph and Rachel welcomed baby William this October. They enjoy making, drinking, and serving tea, hosting guests, sharing Christ with those around them, visiting with family, traveling, and playing games by the fire in the winter. Rachel's hobbies consist of reading, cooking, family time, and caring for those around her. Joseph's hobbies are playing the guitar, ice hockey, eating Rachel's baked goods, and family time.

Janelle Cecil – Head Cook

Janelle is a native Colorado mountain girl. She loves adventure, sun, snow, cross-country skiing and tearing it up on a snowmobile. But more than anything, she loves people and Jesus! Janelle often says that food is her love language; she loves to provide for, love on and point those around her to Christ while serving in the kitchen at Timberline.

TIMBERLINE LODGE STAFF (CONTINUED)

Emily Kearns – Guest Services Coordinator

Emily grew up in New England--Maine, Massachusetts, and New Hampshire. Then she jumped to the west coast, living in Seattle and Los Angeles where she attended Biola University graduating in 2012. She has also spent time serving at Champfleuri, the French Torchbearer Center. She loves to travel and invest in the lives of high school and college students. When she's not working with students, Emily is reading, skiing in the Rockies or Alps, or searching for the best mocha in the state of Colorado. She joined the Timberline staff in the beginning of 2014 and has loved adventuring around her new state of Colorado.

Rob Tracy – Project Manager

This year Rob and his wife Melissa celebrate 18 years of marriage (and five kids) by remembering God's faithfulness in keeping his covenants with mankind. Rob is in his tenth year on staff at Timberline. Rob and Melissa have a passion to share with students the grace and mercy God has shown them as a married couple and as individuals. They wish to impart the importance of seeking God first, knowing him and seeking his purposes.

Aaron Wright – Facilities Manager

Aaron is from Pennsylvania and attended Ravencrest as a student in 2009/2010. In January, 2011 he joined Timberline staff as the maintenance assistant where he served for 16 months. Two years later he felt the Lord opened the door for him to come back to Timberline and is excited to serve the Lord on the maintenance team once again. He enjoys camping, hiking, and snowboarding with the students. In October he married Kenzie Kemp, a previous student and summer volunteer. The two are adjusting to married life as a Timberline staff couple.

Michael Dyck – Program Assistant

Michael grew up in Manitoba, Canada and moved out to Colorado in 2012/2013 where he spent the year as a student at Timberline. He has never left since then – spending two years as a volunteer and becoming full time staff this past fall. Michael enjoys the outdoors (mainly snowboarding). He loves to share the gospel with people he meets and to go deeper than just surface level conversations. Michael has a passion for to encourage people to become more confident in who they are in Christ!

TIMBERLINE LODGE STAFF (CONTINUED)

Laura Connell – Hospitality Manager

Laura grew up in Colorado Springs, but called Germany home for the last five years. She attended Bible School at Bodenseehof in 2010-2011 and, In 2013, she returned to Bodenseehof to work in housekeeping. Now she is back home in Colorado, joining the Timberline family. She is incredibly thankful for the opportunity to be at Timberline and to serve with this community.

Claire Eastland – Assistant Cook

Claire was born in Minnesota but grew up in England. She attended Bible School at Holsby in Sweden from 2010-2011. Claire studied French, Spanish and German at university and graduated in July 2015. She loves being creative in the Timberline kitchen and salads are her favorite thing to make. As much as she enjoys cooking, Claire's favorite part of working in the kitchen is the many deep and Christ-centered conversations which she has there.

A TYPICAL COLORADO: MISSION // ADVENTURE SCHEDULE

8:00am.....	Breakfast
9:00am—Noon.....	Work Projects & Adventures
12:30–1:00pm.....	Lunch
1:00–2:00pm.....	Rest/Discipline of Silence
2:00–5:00pm.....	Work Projects & Adventures
6:00pm.....	Dinner
6:30pm.....	Free Time
8:30pm.....	Worship & Student Testimonies
11:00pm.....	Lights out



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PACKING LIST

Because of the wide range of activities, the many different temperatures and weather conditions the group will encounter, clothing is a very important part of Colorado. Below is a suggested packing list that should be considered. Some of the items on the list are just suggestions; however, most of them are on the list because of past experience.

Each student is allowed to bring:

- 1 carry-on bag or luggage for the bus (backpack recommended)
- 1 large piece of luggage (large duffle bags pack best)
- 1 warm sleeping bag and pillow
- The large piece of luggage will be packed under the bus & not unpacked until we arrive at the camp. Pack carry-on luggage with everything needed for the drive and Nebraska overnight. Sleeping bags will be unloaded at the overnight stop.

Footwear:

- Durable work/hiking shoes with fairly stiff soles & ankle support. Please purchase early and wear often so they are “trail ready” on July 21 to avoid blisters and other foot soreness.
- Tennis shoes
- Socks—include at least 3 pair of wool or “fake wool” socks
- Slippers or extra shoes to leave in lodge (no shoes worn outside are allowed inside the main lodge)
- Flip flops
- Water shoes for rafting (Crocs are not allowed)

Pants/Shorts:

- 2 pair of work jeans
- Athletic pants
- Athletic “boy” shorts (for layering)
- Pajama pants for comfort during the bus ride and free time

continued on next page

Shirts:

- Long-sleeved shirts—for shade from sun and protection from scratches when trimming trees
- T-shirts for working (no v-necks)
- Colorado t-shirt (will be handed out at packing night)
- Sweatshirts

Under/Outer Wear:

- Windbreaker
- Underwear
- Polypropylene—or UnderArmor underwear-tops & bottoms
- Rain gear—top & bottom (a good set!)
- Sleepwear
- Fleece—optional, but highly suggested

Miscellaneous Items:

- One piece swimsuit & towel
- Personal cash and/or debit card (to be handed in at packing night)
- Bible, pen and/or pencil
- Personal snack foods for bus ride
- Camera—the staff will be taking photos & giving students a photo CD-ROM. Cameras get broken easily so a protective case is suggested. Disposable cameras work well—PLEASE LABEL!
- Sunglasses—not expensive ones
- Hat(s)—one with a brim to shade the sun & a stocking cap to use in the mountains
- At least 2 pairs of work gloves—PLEASE LABEL!
- Warm gloves or mittens
- Sun block
- Mosquito repellent
- 2 Nalgene-type water bottles with name on them (REQUIRED)
- Gatorade packets (individual sized)
- Small alarm clock (battery operated)
- Day-pack for day hikes (backpack works well)
- Laundry bag
- Portable CD player with appropriate CDs—music must fit the prescribed guidelines (Christian music only; no iPods)
- Small flashlight
- Extra batteries
- Small satchel for social outings

Personal items:

- Toothbrush & paste
- Deodorant
- Feminine products (altitude does crazy things to the body!)
- Shampoo, soap, towel & wash cloth, Chapstick, nail clippers, band-aids, hand lotion—hands get very dry while working!

Do not bring:

- Cell phones, portable DVD systems, iPads & iPods, non-Christian music and non-Christian reading material
- Prank items
- Expensive clothing
- Excessive make-up
- Tank tops (except for sleeping)
- Yoga pants/leggings
- Low-cut shirts (no cleavage)
- Short shorts



REQUIREMENTS FOR PARTICIPATION

Prerequisite: Students need to complete the Upper Room Challenge by May 9

Trip Dates: July 21-29, 2018

Cost: Approximately \$879

Registration:

- Colorado Registration Health Information Form (includes emergency contact)
- Westwood Notarized Release
- Timberline Online Registration
- Timberline Packet (due by May 13, 2018) with adventure release forms

Finances: The cost of the trip covers all expenses and meals except:

1. Spending money for souvenir shopping
2. Money for snacks bought at rest stops during drive
3. Select activity options: spa day, rock climbing, etc.

Spending money: \$100-\$150 recommended. Spending money is handed in on packing night. A staff member will hold money in a safe place and distribute as the student desires.



FINANCIAL QUESTIONS & ANSWERS

What is the cancellation policy?

The deposit of \$300 is **NON-REFUNDABLE**. If circumstances arise and the student is not able to participate, the spot may be sold to another qualified student, refunding your entire amount (except for the non-refundable deposit of \$300.)

Please note, your \$300 deposit cannot be refunded.

TRANSPORTATION

QUESTIONS & ANSWERS

What kind of buses are used and who is driving? Will you go the whole way non-stop?

We contract through Voigt's Bus Service. The vehicles are coach buses with DVD players and TVs, bathrooms and lots of storage space. We drive to Nebraska where we'll spend the night at an area church. Due to the size of our group, we may be taking two buses.

How do people sleep during the nights traveling?

The students are separated. All guys will be in one area of the church and all girls in another, with leaders spread out accordingly.



SAFETY QUESTIONS & ANSWERS

What about medical help for emergencies?

If severe, students will be treated at the local hospital. Before treated, staff will make every attempt to reach the parent or other emergency contact listed on the Medical Release Form. For minor injuries, students will be treated by a qualified staff person on-site. Timberline provides a “Standard of Care” document.

How will I communicate with my child?

We want you to encourage your child. The best way for you to do that is through letters and packages:

Mailing Address:

Timberline Lodge

P.O. Box 3311

Winter Park, Colorado 80482

970.726.8850 ext: 100 (emergencies)

Do students need tetanus shots before they go?

It is advised that students be current on their tetanus shot. The hospital/clinic staff always asks if Tetanus is current.

What about asthma, allergies or other existing medical conditions?

Students should bring the proper medications and note them on the registration. Medications will be collected on packing night and the medications will be given to a Timberline staff member to make sure the student takes them on time.

MISCELLANEOUS QUESTIONS & ANSWERS

What will the weather be like?

Colorado is known to experience rain, snow, heat, wind and everything in between this time of year! Plan for a variety of weather conditions.

What happens if a student doesn't complete the Upper Room Challenge?

If students want to complete the Upper Room Challenge, they will because our staff are committed to helping them. If a student doesn't complete the challenge by May 9, he/she will not be allowed to attend Colorado: Mission//Adventure.

What about mail?

Please see page 15 for all contact info. No money should be sent in the mail.

What about laundry facilities?

Laundry will not be done during the trip. Pack enough clothes for all 9 days.

Are there showers available?

Yes! And they are no more than 20 steps away from the student's bed.

How will we know what the students are doing and if they are OK?

Staff keeps parents updated through our blog. Information will be available soon.

TRIP GUIDELINES

(Designed for the Safety & Success of the Trip)

- No drugs, alcohol, tobacco, iPods, iPads, gaming systems, cell phones, weapons or flammable items. Portable CD players are appropriate with original Christian CDs (no burned CDs).
- Students are expected to participate in all group activities.
- Guys/girls rooms are off limits to members of the opposite sex.
- Students are expected to obey & respect the Westwood & Timberline staff & their instruction.
- Only Christian music & reading material is allowed on the Colorado trip.
- Great attitudes are a must for the trip to be a success!
- Modest clothing/dress is expected throughout the trip.

Consequences: if guidelines are not followed, the student will be sent home at parent's expense.

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Upper Room